

he consulted. I don't know what the rules are, nor who the physician is; but it might be well worth your while to write to him & find out. And if you ran over to London, we could just now give you a bed, as Mr Palethorpe left us the day before yesterday.

I am nearly sure from what I have observed when we

8, UPPER HORNSEY RISE,

LONDON, N.

13/17

Apr. 23, 1898.

Dear George

I was exceedingly sorry to hear from Willie Wilson that you have again had painful experience of indigestion.

My own digestive powers have acted so smoothly through most

of my life, that I have
practically no personal
experience - though when
a lad I suffered frequently
& wretched pain from
attacks of mainly bowel
attacks - of what those about are
called biliousness -

I am disposed to attribute
my immunity since I
reached manhood very
much to my being very
abstinent as regards
meat. Huxley who
himself suffered from

indigestion has somewhere
I just now forget where,
written strongly on the
Physiological mistakes which
most men make in eating
more than a very small
proportion of meat to
farinaceous food. B/17

Sir R. Ball told me
he suffered greatly from
indigestion, & has entirely
got free from it by
following some dietetic
rules laid down for
him by a London Physician.